

SWKIDS Sunday Service Questions

1. Miss Heather pulled out a candle and a plastic bag after the lesson. Without any protection—or refuge—the flame could be put out with water. Then Miss Heather surrounded the candle flame with a bag to protect the flame from being put out by the water. Now, of course, we are not candles and God is not a plastic bag. But from this example, we can understand that, just like the candle needed a refuge from the water, we need God to be our Refuge and our Strength. God gives us what we need, even when it seems different from what we think we need. God also gives us strength when we are scared or worried.
2. If you haven't already made a list during Miss Heather's object lesson, take a few moments to grab a piece of paper and something to write with. Write down a couple things you are afraid of or worried about. Then, at the bottom of your paper, write "God is my Refuge!" This week, with your family or by yourself, talk to God about these things. Thank God for being your refuge and for loving you. Ask God to help you trust Him.
3. Explain in your own words what "refuge" means. How is God our refuge?
4. How is God our strength? What are some examples from the Bible where God shows His strength to His people?
5. Read Psalm 46:10. What does this verse teach us about God? How does this verse teach us to respond to God?

